



# Home Economics & Hospitality

## Web Links

### Individuals, families and communities

#### [ABS - Population clock](#)

Australia's population statistics from the ABS website.

#### [Australian Institute of Family Studies](#)

The Australian Institute of Family Studies (AIFS) is the Australian Government's key research body in the area of family wellbeing. Its role is to increase understanding of factors affecting how Australian families function.

#### [Australian Institute of Health and Welfare](#)

The Australian Institute of Health and Welfare (AIHW) is a major national agency set up by the Australian Government under the Australian Institute of Health and Welfare Act to provide reliable, regular and relevant information and statistics on Australia's health and welfare.

#### [Australian Social Trends \(AST\)](#)

Australian Social Trends (AST) is an Australian Bureau of Statistics (ABS) flagship publication presenting a picture of Australian society through a selection of articles. The articles aim to address current and on-going social concerns, and focus on population groups of interest and changes over time.

#### [Child, family and relationship services](#)

There are family support services available to help parents raise their children. Creating a safe and nurturing environment for our children is a priority and can sometimes meet challenges. Understand the kinds of support that are available to children, their parents and carers in Victoria.

### [Housing Choices Australia](#)

Housing Choices Australia is a leading national, not-for-profit housing provider who creates safe, quality, affordable housing for people who are struggling to find a home.

### [Mission Australia - Community housing](#)

As a national Community Housing provider, this is where Mission Australia Housing can help. Leveraging the strength and support of Mission Australia, Mission Australia Housing has been established as a viable and progressive entrant to social and affordable housing in Australia.

### [National Institute on Aging](#)

The Institute seeks to understand the nature of aging and the aging process, and diseases and conditions associated with growing older, in order to extend the healthy, active years of life.

### [Social Trends in Australia and Implications for Church Life](#)

This Fact Sheet provides a snapshot findings on six key Australian trends, and provides some insights on the implications these trends have for church life.

### [Community Support - Australia.gov.au](#)

Find support services available for domestic violence, people living with a disability and Indigenous Australians.

### [World Health Organization \(WHO\)](#)

WHO is the directing and coordinating authority for health within the United Nations system. It is responsible for providing leadership on global health matters, shaping the health research agenda, setting norms and standards.

# Textiles and fashions

## [Care labelling for clothing & textiles](#)

The mandatory standard for care labelling was initially introduced on 1 March 1980. It was then amended in 1 January 2004 and reviewed in 2009. The latest revision of the mandatory standard came into effect on 1 September 2010. It covers requirements for care labelling for clothing and textiles.

## [Cotton: From Field to Fabric - Fabric Manufacturing](#)

Cotton fabric manufacturing starts with the preparation of the yarn for weaving or knitting

## [Fabric Glossary](#)

A glossary of many different fabric types.

## [Free Fashion Templates](#)

The aim of this section is to give you tips, tutorials and free downloads in fashion art. The purpose is to help you study current fashion, fashion drawing, body adornment and past costume.

## [Garment Workers](#)

The garment industry is one of the oldest and largest export industries, and it exemplifies the growth in global manufacturing.

## [Textile Arts Resource Guide](#)

The purpose of this blog is to identify and provide access to a wide range of online resources that are informational, inspirational, humorous and/or thought provoking.

## [Textile Clothing Footwear Resource Centre of WA](#)

The Textile Clothing Footwear Resource Centre of Western Australia Inc (TCFWA) is a not-for-profit national support centre for the Textile, Clothing Footwear and Leather industry providing support and specialised resources, services and training.

## [Textile, fashion and clothing website links](#)

This textiles link provides recent studies, news releases, events, publications, experts, resources (fact sheets), and science surrounding textiles in Australia.

## [Type of fabrics - Textile School](#)

Major kind of fabrics used for clothing, home furnishing and industrial usages - the page briefly describes almost all commonly used fabrics.

## [Victoria & Albert Museum](#)

The V&A holds the UK national collection of textiles and fashion, which includes more than 75,000 individual objects or sets of objects that span a period of more than 5,000 years, from Predynastic Egypt to the present day. Search their online database to view some of it.

# Hospitality

## [Australian Hotels Association NSW](#)

Provides information and services for hotels throughout NSW. Includes news, industrial relations, responsible gaming, industry events, and accommodation.

## [A Dictionary of Units of Measurement](#)

Measurement terms from around the world explained.

## [Food and beverage industry associations - Queensland Government](#)

You can find suppliers, make contacts, and generate new business by attending events, seminars and networking opportunities run by your industry association. They can help you to connect with other businesses in the food and beverage industry.

## [Food Standards Australia New Zealand](#)

We are a bi-national Government agency. We develop and administer the Australia New Zealand Food Standards Code, which lists requirements for foods such as additives, food safety, labelling and GM foods.

## [Brew methods: The various coffee making methods](#)

Drinking coffee is a culture, and as a barista or cafe owner you probably know this, but the modern coffee drinker is evolving. Customers have become more discerning in their preferences, they want to expand their coffee knowledge and with this, comes greater expectations on baristas and café owners to deliver coffee with more complex flavours.

## [Hospitality NT](#)

Hospitality NT is the peak industry body in the Northern Territory for the hospitality industry. Hospitality NT and its members are also important stakeholders in the tourism industry in the Northern Territory

## [The Quick Guide to Boosting Restaurant Profits](#)

The latest guide from Silver Chef discusses how you can assess the profitability of your business, see where you need to make improvements, and provide you with tips on how you can get more dollars in the bank.

## [Food Safety NT](#)

Lists the food safety requirements in the Northern Territory.

## [Service Skills Australia](#)

This site allows employees and jobseekers find out about careers, training and skills development within the service industries.

### [Starting a Food business](#)

Learn more about licensing and regulations for starting a food business in the Northern Territory.

### [Tourism Australia](#)

Here you'll find everything you need to know to make the most of your visit to Australia. Learn about our history, culture, great food and wine, art and spectacular natural landscapes.

# Nutrition and Food

## [Australian Dietary Guidelines Summary](#)

The Australian Dietary Guidelines Summary is a food guide relevant for all sectors of the food system to use as a nutrition education and information tool.

## [Eating Disorders Victoria \(EDV\)](#)

Eating Disorders Victoria (EDV) provides a comprehensive support and information service on all aspects of eating disorders.

## [Healthy Eating Pyramid](#)

The Healthy Eating Pyramid is a simple visual guide to the types and proportion of foods that we should eat every day for good health. It contains the five core food groups, plus healthy fats, according to how much they contribute to a balanced diet.

## [National Eating Disorders Association](#)

NEDA has amassed a large resource of information to help you better understand eating disorders.

## [Nutrition.gov](#)

US government information on nutrition, healthy eating, physical activity, and food safety, easily accessible in one place for many Americans. Providing accurate scientific information on nutrition and dietary guidance.

## [Nutrition Australia](#)

As part of our commitment to provide up-to-date, evidence-based nutrition information, Nutrition Australia offers a number of resources to keep you informed with what's new in nutrition.

## [The Sustain Guide to Good Food](#)

A UK based website on what you can do - and ask others to do - to help make our food and farming system fit for the future.

## [Why Consider Sustainable Food?](#)

Food choices contribute significantly to an individual's personal carbon footprint. In fact food is the single, biggest carbon contributor for the majority of people.

# Videos

## [Discovery Health - Food and Nutrition Videos](#)

Food and nutrition affect both body and mind. Learn facts and get tips on improving your health through food.

## [How to Read a Nutrition Facts Label \(Video\)](#)

These labels, usually found on the back of food packages, can be hard to understand. Here's how to read them.

## [U.S. Food and Drug Administration](#)

FDA presents an entertaining and educational tool to help consumers understand and use the Nutrition Facts Label to make informed food choices.

## [Top 10 Hotel Management Tips for Managers in the Hospitality Industry](#)

Hotel managers have the task of ensuring customers are satisfied and overseeing all of the different activities and departments of a hotel.

# Teacher resources

## [Healthy Eating Active Living](#)

NSW government education about nutrition.

## [Hospitality magazine](#)

Features news and content generated specifically for the site by our dedicated online team as well as drawing from Hospitality magazine and the Hospitality Directory.

## [Resources - Industry - William Angliss Institute](#)

Resources developed by William Angliss Institute and Macsmith. These new free print resources provide teaching and learning materials for nine hospitality units.

## [Teacher Resources, Tips and Guides to Teaching Nutrition](#)

Nourish Interactive provides educational support materials for nutrition educators teaching children about nutrition.