



Physical Education & Health Web Links

General HPE

Please find below some useful links on the topic of Health & Medicine. (DB) denotes Database.

[AllRefer Health](#)

AllRefer Health has extensive information from trusted sources on over 4,000 topics including diseases, tests, symptoms, injuries, surgeries, nutrition, poisons and special topics. There is also a focus on family and community health.

[Australian Institute of Health and Welfare \(AIHW\)](#)

The AIHW is Australia's national agency for health and welfare statistics and information. Topics covered include: ageing and aged care, housing and homelessness, population health, alcohol and other drugs, mortality, diabetes and hospitals. Access is also provided to a number of data cubes and to METeOR, AIHW's Metadata Online Registry.

[Cochrane Library](#)

Up-to-date information on the effects of interventions in health care, designed to provide information and evidence to support decisions taken in health care and to inform those receiving care.

[Complementary and Alternative Medicine \(CAM on PubMed\)](#)

Subset of the PubMed database that specifically focuses on complementary and alternative medicine (DB)

[Food and Nutrition](#)

USDA is responsible for providing a safety net for millions of Americans who are food-insecure and for developing and promoting dietary guidance based on scientific evidence.

[Healthdirect Australia](#)

This resource aims to improve general health by providing easy access to quality information about human health and medicine. It offers information ranging from daily health issues, such as nutrition or smoking, to information related to life events such as birth, end of life, mens' and womens' health. Specific information topics, such as diabetes or asthma, are also available.

[InteliHealth](#)

InteliHealth is one of the leading online health information companies and has a relationship with Harvard Medical School.

[Nutrition Australia](#)

Evidence-based nutrition information, and a number of resources to keep you informed with what's new in nutrition.

[PubMed Central](#)

Fulltext access to a number of biomedical and life sciences journal publications. (DB)

Senior PE

[Aussie Educator - Physical Education](#)

This page looks at the State & Territory information - including curriculums, then sections covering fitness activities, minor games, aerobics, sources of information and assistance, lesson plans and Australian Physical Education groups.

[Body Maps](#)

BodyMaps is an interactive visual search tool that allows users to explore the human body in 3-D.

[International Association of Physical Education and Sport for Girls and Women](#)

IAPESGW is an organisation with a primary aim to support and bring together like-minded professionals from around the world who are working in the fields of physical education, dance and sport.

IAPESGW also aims to represent and promote the interests of girls and women at all levels and in all areas of physical education, dance and sport.

[Olympism in Action](#)

Sport for All, Development through Sport, Women and Sport, Education through Sport, Peace through Sport as well as Sport and Environment.

[Research from the Australian Sports Commission](#)

Type your key word in the search box. e.g. women sport

Senior Health

[Ageing Society - APO](#)

Resources in this collection cover topics such as retirement and superannuation, nursing home care, ageing well, advance medical directives, elder abuse and other issues concerning older people, human rights and social services.

[AIDSinfo](#)

Access to approved HIV/AIDS medical practice guidelines, HIV treatment and prevention clinical trials, and other research information for health care providers, researchers, people affected by HIV/AIDS, and the general public.

[Australian Bureau of Statistics](#)

The Census is of vital importance to Australian communities.

Community organisations, private institutions and all levels of government use Census figures as the basis for many planning decisions, such as where to provide services for the elderly and young people.

[Australian Institute of Health and Welfare](#)

Is a major national agency set up by the Australian Government to provide reliable, regular and relevant information and statistics on Australia's health and welfare.

[Bioethics.net](#)

Topics covered include Public Health, Health Regulation and Law, Health Care, End of Life Care and more.

[Centers for Disease Control and Prevention](#)

Provides information on disease: chronic or acute, curable or preventable, human error or deliberate attack. CDC fights disease and supports communities and citizens to do the same.

[Eating Disorders](#)

Provides a comprehensive support and information service on all aspects of eating disorders.

[ELDIS Resource Guides and Topics](#)

Eldis is an online information service providing free access to relevant, up-to-date and diverse research on international development issues.

[Health - CSIRO](#)

We're working to prevent illnesses, develop a better understanding of diseases, and improve treatment and recovery in a range of medical conditions to help people live healthier lives.

[Health and Aging](#)

Explores the nature of aging and the aging process, and diseases and conditions associated with growing older, in order to extend the healthy, active years of life.

[Health Policy in Australia](#)

Links to key documents on the history of health policy in Australia since the 1940s.

[Health resources from Springer Link](#)

Use the search box to find relevant eBooks.

[Queensland Health resources](#)

Search many health topics through this Queensland government site.

[World Health Organization - Health topics](#)

The pages contain links to WHO projects, initiatives, activities, information products, and contacts, organised by health and development topics.

Videos

[Athletics Australia - Coaching videos](#)

Athletics Australia has a selection of coaching videos available for download. Topics covered include javelin, pole vault, middle distance training, hurdles and sports development in young athletes plus more.

[Centers for Disease Control and Prevention - TV](#)

Videos covering the prevention and control of disease.

Figueroa's Framework

[Figueroa's Framework](#)

[Figueroa's Framework - Structural Level \(Prezi\)](#)

[Figueroa's Framework -The Interpersonal Level \(Prezi\)](#)

Teacher resources

[The Australian Council for Health, Physical Education and Recreation \(ACHPER\)](#)

Advocating for quality health & physical education curriculum, supporting professional learning of teachers and promoting active and healthy lifestyles for all Australians.

[TEDEd Health Lessons](#)

Use engaging videos on TED-Ed to create customised lessons. You can use, tweak or completely redo any lesson featured on TED-Ed or create lessons from scratch.